



Icebreaker Sessions



Icebreaker Sessions helps your group through the process of warming up to each other in a friendly game-like atmosphere. This series of high-energy get-to-know-you activities introduces participants to one another and promotes communication, cooperation and teamwork.

This program is usually facilitated as a number of short exercises in between your meeting sessions. It also works well as an hour-long opening activity before your group embarks on the day's agenda.

The Team Experience:

- Program is introduced by the facilitator
- First activity is launched, run and debriefed by the group
- Following your desired schedule, a series of challenges will be presented throughout the day, some individual and others in teams, with varying combinations of your participants collaborating each time to maximize their interaction and familiarization
- Exercises include: Paired Networking, Categories, Human Bingo, Two Truths and a Lie, Roshambo, etc.
- Wrap-up includes a celebration of the amazing collaborations of the day and key takeaways from the experience - this debrief will be focused on your unique goals and desired outcomes

Event Details

- Group Size: 30 to 2,000+
- Program Length: Various 20/30 Minute Sessions
- Setting: Indoor, Outdoor
- Physicality: Low

Event Outcomes

- Communication is Key
- Getting to Know Each Other
- Relationship Building
- Fun and Motivation

What's Included

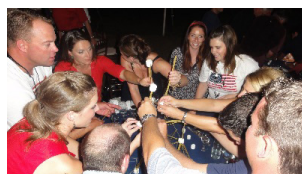
Pricing varies depending upon the number of participants and includes professional facilitation, program design, and all production coordination.

The success of your event is our top priority. To ensure a positive outcome, program modifications may be made based on variables such as group size, space limitations, timeframe, etc.

Similar Activities You May Like



Speed Networking Workshop



In It to Win It



Jeopardized!



Survey Says