Virtual Emotional Intelligence 2.0

IQ or EQ? Which is more important? A survey by CareerBuilder revealed that, "71 percent of employers say they value emotional intelligence over IQ."

So... what is emotional intelligence? EI is about recognizing and managing one's own emotions and the emotions of others, and allowing us to see the world from a different perspective. It improves communication and efficiency as well as social functioning.

The Team Experience:

· A custom-tailored program to meet your organization's specific needs
· Individual EQi 2.0 Assessments and detailed reports with insights that can be implemented quicky and effectively, and set you up for success:
  - Gain a deeper understanding of how the results affect workplace performance (conflict resolution, change management, teamwork, decision-making and more)
  - Well-Being Indicator measuring each individual's level of happiness, and revealing opportunities for development
· Learn how you:
  - Perceive and express yourself
  - Develop and maintain relationships
  - Cope with challenges
  - Use emotional information in an effective and meaningful way
· Gain valuable knowledge on how to implement and sustain a successful EI culture within your organization

Virtual programs are delivered via Zoom. If you prefer a different platform, we are happy to accommodate, if at all possible.

A creative charitable donation can be added to all of our virtual programs – ask us how!

Event Details

👤 Group Size: 10 to 50+

🕐 Program Length: 2-6 hrs or a series of 1-hour sessions

👥 Setting: Virtual

⚖ Physicality: Low

Event Outcomes

◎ Improve Communication & Efficiency

◎ Team Training

◎ Practical Tools

◎ Well-Being Indicator

What's Included

Pricing varies depending upon the number of participants and includes professional facilitation, program design, and all production coordination.

The success of your event is our top priority. To ensure a positive outcome, program modifications may be made based on variables such as group size, space limitations, timeframe, etc.

Similar Activities You May Like

Virtual Competition & Collaboration Workshop

Virtual Speed Networking Workshop

Virtual Igniting Peak Performance

Virtual DISC 2.0